WHO SHOULD BE TESTED?

* Direct and High-risk contact include
  – those who live in the same household with confirmed case of COVID-19
  – any Health Care worker who examined a confirmed case of COVID-19 without proper PPE.
  These people should be tested once within 5-14 days of coming in his/her contact.

WHAT SAMPLE SHOULD BE TAKEN?

1. One Nasopharyngeal swab and one Oropharyngeal swab.
2. 5 ml of venous blood collected and distributed as 2.5 mL each in Red topped container (for serum) and purple topped container (for plasma).

HOW TO COLLECT NASOPHARYNGEAL SWAB?

- Appropriate clinical sample need to be collected by laboratory personnel/ health care worker trained in specimen collection in presence of a clinician.
- Perform the procedure in an adequately ventilated room.
- Sample collecting Health Care Worker should use the recommended PPE.
- Perform hand hygiene before and after contact with the patient and his/her surroundings and after PPE removal.
- Neck should be in extended position.
- Nasopharyngeal swab will be collected with the per nasal swab, after taking out the swab it is passed along the floor of nasal cavity and left there for about five second and transferred into VTM and transported to the designated lab at 4 degree Celsius as soon as possible (same day).
- Transport the sample in TRIPLE LAYERED PACKAGING through designated Courier service to the Testing Centres.
SPECIMEN LABELLING AND PROCESSING

Proper labelling (name/age/gender/specimen ID) need to be done on specimen container and other
details of sender (name/address/phone number) on the outer container by mentioning

“To be tested for COVID-19” with a biohazard symbol

The minimum dimensions of the outer container should be 10 x 10 x 10 cm (length x width x height)

DOCUMENTS TO ACCOMPANY

1) Packaging list/ proforma Invoice
2) Specimen Referral Form for each sample

TESTING CENTRES IN TAMILNADU

<table>
<thead>
<tr>
<th>Centre</th>
<th>Contact Number</th>
</tr>
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<tbody>
<tr>
<td>King's Institute of Preventive Medicine &amp; Research, Chennai</td>
<td>9884845519</td>
</tr>
<tr>
<td>Government Medical College, Thendi</td>
<td>9787594487</td>
</tr>
<tr>
<td>Tirunelveli Medical College, Thirunelveli</td>
<td>9443429641</td>
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<tr>
<td>Govt. Medical college, Thiruvanur</td>
<td>9442351350</td>
</tr>
<tr>
<td>Rajiv Gandhi Government General Hospital (RGGGH), Chennai</td>
<td>044-25305715</td>
</tr>
<tr>
<td>Coimbatore Medical College Hospital, Coimbatore</td>
<td>0422-2574375</td>
</tr>
<tr>
<td>Govt Mohan Kumaramangalam Medical College Hospital, Salem</td>
<td>9443321151</td>
</tr>
</tbody>
</table>

For any queries, the 24*7 control room attached to the Directorate of Public Health and Preventive
Medicine, Chennai-6 may be approached in the following numbers,

• 044-29510400  • 044-29510500  • 9444340496  • 8714448477

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